

PHARMACY ACTION ANTI-FUNGAL NAIL TREATMENT

This medicine contains the active ingredient amorolfine 50mg/ml as the hydrochloride.

What is in this leaflet

This leaflet answers some common questions about PHARMACY ACTION Anti-Fungal Nail Treatment. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. If you have any concerns about using this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine.

What PHARMACY ACTION Anti-Fungal Nail Treatment is used for

PHARMACY ACTION Anti-Fungal Nail Treatment contains the active ingredient amorolfine. It is used to treat fungal infections of the nails. PHARMACY ACTION Anti-Fungal Nail Treatment belongs to a family of medicines called anti-fungal drugs. These medicines work by killing a wide variety of fungi that can cause nail infections.

This medicine is available from a pharmacy. A doctor's prescription is not required. PHARMACY ACTION Anti-Fungal Nail Treatment alone is not suitable for use in severe infections where the lunula is affected. In this case, you should talk to your healthcare practitioner. The lunula is the crescent shaped area at the base of the nail - see the illustration on the PHARMACY ACTION Anti-Fungal Nail Treatment carton.

Before you use PHARMACY ACTION Anti-Fungal Nail Treatment

When you must not use it

Do not use PHARMACY ACTION Anti-Fungal Nail Treatment if:

1. You have had an allergic reaction to PHARMACY ACTION Anti-Fungal Nail Treatment or any ingredients listed at the end of this leaflet.
2. The package shows signs of tampering.
3. The expiry date (EXP) printed on the pack has passed.
4. You are pregnant or breastfeeding or intend to become pregnant or breastfeed.
5. The safety of PHARMACY ACTION Anti-Fungal Nail Treatment in pregnancy and breastfeeding has not been established.

If you are not sure if you should start using PHARMACY ACTION Anti-Fungal Nail Treatment, talk to your doctor or pharmacist.

Use in children

Do not use in children under 12 years. The safety and effectiveness of PHARMACY ACTION Anti-Fungal Nail Treatment in children have not been established.

Before you start to use PHARMACY ACTION Anti-Fungal Nail Treatment

Check with your doctor or pharmacist if:

1. You are allergic to any other medicines, foods, dyes or preservatives.
2. You have any other health problems such as diabetes, poor circulation of the hands and feet, severely damaged or infected nail or problems with the immune system.
3. You are taking any other medicines.

PHARMACY ACTION Anti-Fungal Nail Treatment alone is not suitable for use in severe infections where the lunula is affected. In this case, you should talk to your healthcare practitioner. The lunula is the crescent-shaped area at the base of the nail - see the illustration on the PHARMACY ACTION Anti-Fungal Nail Treatment carton.

How to use PHARMACY ACTION Anti-Fungal Nail Treatment

PHARMACY ACTION Anti-Fungal Nail Treatment is for external use only, do not swallow PHARMACY ACTION Anti-Fungal Nail Treatment .

Apply only to finger nails and toe nails, avoid the surrounding skin.

How to apply the nail lacquer

Follow these instructions each time the lacquer is used.

1. Place everything you need for the PHARMACY ACTION Anti-Fungal Nail Treatment within easy reach:
 - PHARMACY ACTION Anti-Fungal Nail Treatment nail lacquer
 - nail file (supplied)
 - cleaning pad (supplied)
 - reusable spatula (supplied)

First application of PHARMACY ACTION Anti-Fungal Nail Treatment

2. Before painting with PHARMACY ACTION Anti-Fungal Nail Treatment nail lacquer, file down the infected areas of the nail (particularly the nail surface) as thoroughly as possible using the nail file.
CAUTION: Nail files used on an infected nail must not be used on healthy nails.
3. Clean the surface of the infected nail with the cleaning pad. Put the cleaning pad aside, do not discard.
4. Dip one of the reusable spatulas into the lacquer. Do not wipe it on the neck of the bottle.
NOTE: The spatula provides a measured dose of PHARMACY ACTION Anti-Fungal Nail Treatment.
5. Using the spatula, paint PHARMACY ACTION Anti-Fungal Nail Treatment nail lacquer over the entire surface of the infected nail.
6. When you have finished treating all of your infected nails, clean the spatula and the neck of the bottle with a new or unused cleaning pad.
7. To avoid evaporation, close the bottle tightly.
8. Allow time for the nails to dry (3 to 5 minutes).
9. Discard used cleaning pad and nail file. Stow spatula and nail lacquer for next treatment.

Subsequent applications of PHARMACY ACTION Anti-Fungal Nail Treatment

File the infected areas of the nail using the nail file as required to remove any remaining lacquer, ensure that you do not over-file to avoid damage to the nail and surrounding area. Repeat steps 3-9.

How often to apply PHARMACY ACTION Anti-Fungal Nail Treatment

Paint PHARMACY ACTION Anti-Fungal Nail Treatment once or twice weekly onto the infected fingernails or toenails or as otherwise directed by your doctor or pharmacist.

If you forget to paint on the PHARMACY ACTION Anti-Fungal Nail Treatment nail lacquer, use it as soon as you remember. Then go back to using PHARMACY ACTION Anti-Fungal Nail Treatment as you would normally.

How long PHARMACY ACTION Anti-Fungal Nail Treatment should be used

Treatment should be continued until the infected nails are completely cured and re-grown. Usually, treatment of fungal infections of the nails takes around six months for the fingernails and nine to twelve months for the toenails.

Don't be discouraged if after several weeks of therapy no improvement is visible. A healthy nail only grows by approximately 2mm per month.

Because fungal nail infections are hard to treat, treatment may be required for 6-12 months or longer and a full cure cannot be expected in all cases. After 6 months of treatment, improvement can be expected in 70% to 80% of people, with full cure expected in approximately one in three people.

If symptoms persist or improvement is not observed, see your healthcare professional. It is recommended that your healthcare professional check how your treatment is progressing approximately every 3 months.

In case of accidental swallowing

Immediately telephone your doctor or Poisons Information Centre (Australia 13 11 26, New Zealand 0800 POISON or 0800 764 766) for advice or go to Accident and Emergency at your nearest hospital if you think that you or anyone else may have swallowed PHARMACY ACTION Anti-Fungal Nail Treatment, even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using PHARMACY ACTION Anti-Fungal Nail Treatment

Things you must do

Tell your doctor or pharmacist that you are using PHARMACY ACTION Anti-Fungal Nail Treatment if you are about to be started on a new medicine. Wear gloves to protect the coat of nail lacquer on your fingernails if you work with solvents (eg. paint thinners, turpentine substitute, petrol, paraffin etc.).

Things you must not do

Do not use nail files for infected nails on healthy nails. Do not use artificial nails during treatment with PHARMACY ACTION Anti-Fungal Nail Treatment. Do not apply cosmetic nail varnish or other medication(s) on the nail(s) being treated. Do not give PHARMACY ACTION Anti-Fungal Nail Treatment to anyone else to use, even if they have the same condition as you. Do not use PHARMACY ACTION Anti-Fungal Nail Treatment to treat other complaints unless your doctor says to.

Side effects

All medicines can have side effects. PHARMACY ACTION Anti-Fungal Nail Treatment helps most people with fungal infections of the nails but it may have unwanted side effects in a few people.

Tell your doctor, or pharmacist if you notice any of the following and they worry you:

- Burning feeling in the area surrounding the treated nail(s). This is usually mild and short-lasting.
- Itching or redness of the skin.
- Rare cases of nail disorder (nail discolouration, brittle or broken nails) have been reported during treatment with amorolfine nail lacquer. However these reactions may also be linked to the nail infection itself.

After using PHARMACY ACTION Anti-Fungal Nail Treatment

Storage

Screw the bottle top of the PHARMACY ACTION Anti-Fungal Nail Treatment nail lacquer tightly immediately after use. Keep PHARMACY ACTION Anti-Fungal Nail Treatment in a cool dry place where the temperature stays below 25°C.

Heat and dampness can destroy some medicines. Do not store it, or any other medicine, in a bathroom or near a sink. Do not leave it in the car or on window sills. Keep PHARMACY ACTION Anti-Fungal Nail Treatment where young children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Product description

PHARMACY ACTION Anti-Fungal Nail Treatment nail lacquer comes in one strength, 5% amorolfine (50 mg/mL) in an amber glass bottle.

PHARMACY ACTION Anti-Fungal Nail Treatment comes in a pack containing:

- 1 x 5mL bottle of nail lacquer
- 10 spatulas
- 30 cleaning pads saturated with 70% v/v isopropyl alcohol in foil packets
- 30 nail files

If extra nail files or cleaning pads are required, please contact Generic Health directly on 03 9809 7900 so that additional items can be supplied.

Ingredients

Active – amorolfine.

Each 5mL bottle contains 250mg of amorolfine as the hydrochloride.

Inactives – Ammonio methacrylate copolymer (type A), glycerol triacetate, butyl acetate, ethyl acetate, absolute ethanol.

Supplier

Generic Health
Level 1, 1102 Toorak Road
Camberwell, VIC 3124

The Australian Registration Number
AUST R 233620

This leaflet was prepared in January 2015.