



**PHARMACY ACTION FemCream**  
Clotrimazole 1% Cream (AUST R 194406)

**Consumer Medicine Information**

Before using this product please read this leaflet carefully. This leaflet is only a summary. Your pharmacist or doctor should be consulted for any further information you may require.

**Identification**

Active ingredient: Clotrimazole 10mg/g  
This cream also contains the following ingredients: Propylene glycol, Cetomacrogol 1000, Cetostearyl alcohol, Liquid paraffin, Dimethicone 100, white soft paraffin, Glyceryl monostearate SE, Benzyl alcohol, Disodiumedetate, Purified water.

**Presentation**

White opaque cream in a 35g tube with six single use disposable applicators.

**What is PHARMACY ACTION FemCream and what is it used for?**

PHARMACY ACTION FemCream belongs to a class of drugs called antifungals and is used to treat the vaginal yeast infection known as Candida. Candida infections result from an overgrowth of yeast fungus and cause an imbalance of the natural microorganisms that are present in the vagina. Certain illnesses such as diabetes, obesity, and fatigue can increase the likelihood of infection. Additionally hormonal changes during pregnancy, during certain times of the menstrual cycle, or due to the oral contraceptive pill, may also increase the chances of infection. Certain medications such as antibiotics and steroids may cause overgrowth of Candida.

**When you should not use this medicine**

Do not use this medicine if you have ever had an allergic reaction to Clotrimazole or other antifungals or any ingredients listed under 'Identification' above.

**Before using PHARMACY ACTION FemCream**

Seek medical advice before the first course of treatment. PHARMACY ACTION FemCream is available from your pharmacist. You may consult with your pharmacist for further information before starting treatment. See a doctor if you are pregnant or suffer from diabetes, if under 18 years of age, or if there have been three or more thrush infections in the previous six months

**Warnings**

If you are pregnant, talk to your doctor before using this medicine. Avoid using tampons while using clotrimazole. Avoid using douches or other vaginal products unless your doctor advises you to do so.

Wear freshly washed cotton underpants while using this medicine. Do not stop using clotrimazole during the treatment course unless your doctor advises you to do so. If you stop using this medicine too soon, your infection may return. See a doctor if you are no better after 4 days.

**Side effects**

Call your doctor if your symptoms do not disappear after using this medicine for the full time ordered by your doctor.

**If you have problems with the following side effects talk with your doctor**

Vaginal itching or burning  
Increased vaginal discharge

**If you miss a dose**

Use your medicine as soon as you remember that you have missed your dose. If it is nearly time for your next dose, wait until then to use the medicine and skip the missed dose.

Do not double up on doses at any time to make up for the missed doses. It is important to complete the course of treatment as incomplete courses may result in your symptoms returning.

**How to use PHARMACY ACTION FemCream**

Your treatment pack contains a tube containing 35g of clotrimazole cream and six single use applicators. 5 grams (one applicator) of cream should be inserted in the vagina daily for six consecutive days.

This medicine is best used at bedtime unless your doctor tells you otherwise. Wash your hands before and after using this medicine.

Wear only clean cotton underwear. Continue using this medicine even if your symptoms disappear. It is important that the entire course is completed as advised for the treatment to be effective.

Remove cap from the tube of cream. Screw the open end of applicator to the tube. Pierce the top of the tube with the inside of the cap when first used. Pull the applicator plunger out all the way until it stops. Squeeze the tube of cream until the applicator is full. The applicator will then hold approximately 5 grams of cream.

Unscrew the applicator from the tube and replace the cap on the tube.

Gently insert the applicator (open end first) high into the vagina and push the plunger all the way in. This is best done by lying on your back with your knees bent.

Discard the used applicator.

Treatment should be continued for three consecutive days or as advised by your doctor or pharmacist. Treatment should be avoided during menstruation. However if menstruation occurs during treatment the course should be completed.

Applicators are for single use only and should be discarded after use. If you are sexually active your partner may also require treatment.

Seek the advice of your doctor or pharmacist if symptoms persist. It is important to continue treatment and complete the course even if you feel better.

**Storage**

Keep all medicines away from children. Store the cream below 25°C

Check the expiry date marked on the end panel of the carton and on the crimp at the end of the tube, which refers to the month and year of expiration, e.g. 11 96 refers to the eleventh month of 1996. Do not use after the expiry date.

**Supplier**

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