

Paroxetine GH

paroxetine hydrochloride tablets

WHAT IS IN THIS LEAFLET?

Please read this leaflet carefully before you take Paroxetine GH tablets

This leaflet answers some common questions about Paroxetine GH.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the expected benefits of you taking Paroxetine GH against the risks this medicine could have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

WHAT IS PAROXETINE GH USED FOR?

The name of your medicine is Paroxetine GH. It contains the active ingredient paroxetine hydrochloride.

Paroxetine hydrochloride belongs to a group of medicines called selective serotonin reuptake inhibitor (SSRI) antidepressants. They are thought to work by their action on brain chemicals called amines which are involved in controlling mood.

Depression is longer lasting and/or more severe than the "low moods" everyone has from time to time. It is thought to be caused by a chemical imbalance in parts of the brain. This imbalance affects your whole body and can cause emotional and physical symptoms. You may feel

low in spirit, lose interest in usual activities, unable to enjoy life, have poor appetite or overeat, have disturbed sleep, often waking up early, low energy and feel guilty over nothing.

Paroxetine GH may also be used to treat:

- Patients who may avoid and/or are fearful of social situations.
- Symptoms of panic attacks. When taken regularly it will help prevent the attacks.
- Obsessive compulsive disorder (OCD). The symptoms of OCD vary from patient to patient. Check with your doctor if you need more information.

Your doctor may decide that you should continue to use Paroxetine GH for some time, even when you have overcome your problem. This should prevent the problem from returning.

Your doctor may have prescribed Paroxetine GH for another use. Ask your doctor if you have questions about why Paroxetine GH has been prescribed for you.

BEFORE YOU TAKE PAROXETINE GH

Antidepressants can increase suicidal thoughts and actions in some children and adolescents younger than 18 years of age. But suicidal thoughts and actions can also be caused by depression, a serious medical condition that is commonly treated with antidepressants. Thinking about killing yourself or trying to kill yourself is called suicidality or being suicidal.

Antidepressants are used to treat depression and other illnesses. Depression and other illnesses can lead to suicide. In some children and adolescents, treatment with an antidepressant increases suicidal thinking or actions. It is important to discuss all the risks of treating depression and also the risks of not treating it. You should discuss all treatment choices with your doctor, not just the use of antidepressants.

Patients (and caregivers of patients) need to monitor for any worsening of their condition and/or the emergence of thoughts of suicide or suicidal behaviour or thoughts of harming themselves and to seek medical advice immediately if these symptoms present. (See Use In Children and Adolescents).

Do not take if:

You must not take Paroxetine GH if:

- you have ever had an allergic reaction to paroxetine hydrochloride or to any of the other ingredients listed toward the end of this leaflet (see "Ingredient").
- you are pregnant or intend to become pregnant.

Studies show that use of paroxetine in early pregnancy (first 13 weeks) may be associated with an increased risk of some birth defects in babies. If you become pregnant or intend to become pregnant while taking paroxetine, you should make an appointment to see your doctor and have your treatment reviewed. It is important that you do not stop taking paroxetine suddenly. Paroxetine is a medicine that can have withdrawal side effects if

stopped suddenly (see “Unwanted events that may occur on stopping treatment”).

- You are taking any other medication for the treatment of depression or have done so in the last two weeks. Taking Paroxetine GH with another antidepressant may cause a serious reaction.

You must not take Paroxetine GH until two weeks after stopping monoamine oxidase inhibitor drugs (MAOIs). Examples of MAOIs are phenelzine and tranylcypromine. Another MAOI includes the antibiotic linezolid. There may be others so please check with your doctor. Taking Paroxetine GH with a MAOI may cause a serious reaction.

- You are taking or have recently taken (within the last two weeks) a medicine called methylthionium chloride (methylene blue).
- You are taking thioridazine for the treatment of schizophrenia.
- You have taken Paroxetine GH before and became unwell. Tell your doctor or pharmacist before taking the first dose.
- you are taking pimozide.
- The expiry date (EXP) printed on the pack has passed.
- The packaging is torn or shows signs of tampering.

Take special care with Paroxetine GH if you are over 65 years of age as Paroxetine GH may cause a reduction in the amount of sodium within your blood which can lead to sleepiness and muscle weakness. If you experience these symptoms, please consult your doctor as soon as possible.

Medicines like Paroxetine GH may affect your sperm. Fertility in some men may be reduced while taking Paroxetine GH.

Tell your doctor if:

You must tell your doctor if:

- you are allergic to foods, dyes, preservatives or any other medicines
- you are pregnant or intend to become pregnant
- you are breastfeeding or wish to breastfeed.

Your doctor will discuss with you the possible risks and benefits of using Paroxetine GH during breastfeeding.

- you have any medical conditions:
 - epilepsy (fits)
 - mania
 - heart problems
 - kidney problems
 - liver problems
 - raised pressure in the eye
 - problems with blood clotting
 - other psychiatric conditions (bipolar disorder).
 - diabetes
- you are taking any other medicines, including medicines you buy without a prescription. In particular tell your doctor if you are taking any of the following medicines which:
 - treat depression, anxiety, mood swings or schizophrenia, including medicines you buy without a doctor's prescription such as tryptophan, hypericum perforatum (St John's Wort), perphenazine, risperidone, lithium or atomoxetine.
 - are used in anaesthesia or to treat pain or chronic pain, specifically tramadol or fentanyl.
 - lower blood pressure or treat heart conditions such as metoprolol or flecainide.
 - control epilepsy (anti-convulsants), such as phenytoin, carbamazepine, phenobarbital.
 - thin blood (anti-coagulants), such as warfarin, aspirin and

non-steroidal anti-inflammatory drugs (NSAIDs).

- treat Parkinson's disease, such as selegiline, procyclidine.
- treat stomach ulcers, such as cimetidine.
- treat migraine attack, such as sumatriptan
- treat or prevent breast cancer, specifically tamoxifen.
- treat HIV infection such as a combination of fosamprenavir and ritonavir.
- Used in anaesthesia, such as mivacurium and suxamethonium.

Some medicines may affect the way other medicines work. Your doctor or pharmacist will be able to tell you which medicines are safe to take with Paroxetine GH...

HOW DO I TAKE PAROXETINE GH?

Follow your doctor's instructions about how and when to take Paroxetine GH.

Read the direction label carefully. If you have any concerns about how to take Paroxetine GH, talk to your doctor or pharmacist.

How much to take

The usual dose of Paroxetine GH for depression or social anxiety disorder/social phobia is one tablet (paroxetine 20mg) per day. Your doctor may increase the dose slowly over several weeks. This may require you to break the tablet in half.

To treat obsessions and compulsions or panic attacks, the usual dose of Paroxetine GH is two 20mg tablets per day. Your doctor may start you on a lower dose (half a tablet) and increase the dose slowly over several weeks. This may require you to break the tablet in half.

How to take it

Take Paroxetine GH with a full glass of water or another liquid. The tablets can be broken in half, but should not be chewed.

If you need to break Paroxetine GH, place the tablet on a flat surface with the notch side facing up and press down on the scored side with the thumb.

Paroxetine GH should be taken in the morning, preferably with food.

How long to take Paroxetine GH

Keep taking Paroxetine GH for as long as your doctor tells you.

Like other medications of this type, Paroxetine GH will not relieve your symptoms straight away. People generally start feeling better in a few weeks or so. Occasionally, the symptoms of depression or other psychiatric conditions may include thoughts of harming yourself or committing suicide. It is possible that these symptoms may continue or increase until the full anti-depressant effect of your medicine becomes apparent. Tell your doctor immediately or go to the nearest hospital if you have any distressing thoughts or experiences during this initial period or at any other time. Also contact your doctor if you experience any worsening of your depression/other symptoms at any time during your treatment.

Stopping treatment

Do not stop taking Paroxetine GH even if you begin to feel better. Your doctor may decide that you should continue to use Paroxetine GH for some time, even when you have overcome your problem. For best effect Paroxetine GH must be taken regularly. Your doctor will tell you when and how Paroxetine GH should be discontinued.

Your doctor will usually recommend that you stop treatment by slowly reducing the dosage over a period of several weeks. When you stop

treatment with Paroxetine GH, especially if this is done suddenly, you may experience unwanted symptoms. Please see the section of this leaflet called "Unwanted Effects that may occur on stopping treatment".

Use in children and adolescents

Paroxetine GH is not recommended for use in children and adolescents under 18 years.

The use of Paroxetine GH is not recommended to treat depression in children and adolescents under 18, as the drug has not been shown to be effective in this age group and there are possible unwanted effects.

Information from clinical trials has suggested that young adults, particularly those with depression, may be at an increased risk of suicidal behaviour (including suicide attempts) when treated with paroxetine, especially during initial treatment (generally the first one to two months). The majority of attempted suicides in clinical trials in depression involved patients aged 18 to 30 years.

Family and caregivers of children and adolescents being treated with antidepressants for major depressive disorder or for any other condition (psychiatric or non-psychiatric) need to monitor them for the emergence of agitation, irritability, unusual changes in behaviour, as well as the emergence of thoughts of suicide, and to report such symptoms immediately to their doctor. It is particularly important that monitoring be undertaken during the initial few months of antidepressant treatment or at times of dose increase or decrease.

If you forget to take it

Do not take an extra dose. Wait until the next day and take your normal dose then.

Do not try to make up for the dose that you missed by taking more than one dose at a time.

WHAT DO I DO IF I TAKE TOO MUCH? (OVERDOSE)

Immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26 or New Zealand 0800 POISON or 0800 764766) for advice, or go to Accident and Emergency at the nearest hospital, if you think you or anyone else may have taken too much Paroxetine GH. Do this even if there are no signs of discomfort or poisoning.

If you are not sure what to do, contact your doctor or pharmacist.

WHILE YOU ARE TAKING PAROXETINE GH

Things you must do

Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

Things you must not do

Do not take Paroxetine GH to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if their symptoms seem similar to yours.

Things to be careful of

- Be careful driving or operating machinery until you know how Paroxetine GH affects you. Tests have shown that AROPAX does not have a marked effect on driving ability.

However Paroxetine GH may cause drowsiness, dizziness or light-headedness in some people. Make sure you know how you react to Paroxetine GH before you drive, operate machinery.

- Although drinking moderate amounts of alcohol is unlikely to

affect your response to Paroxetine GH, it is best to avoid alcohol while you are taking this medicine.

- There is an increased risk of breaking a bone in people taking medicines like Paroxetine GH. This risk is greatest during the early stages of treatment.
- When your doctor decides that you should stop taking Paroxetine GH, the dose may be reduced slowly or the time between doses increased over one or two weeks. Some people may have symptoms such as dizziness, anxiety, sleep disturbances, pins and needles, electric shock sensations or feeling sick and sweating if Paroxetine GH is stopped, particularly if stopped suddenly. Although Paroxetine GH is not recommended for children under 18 years of age, additional symptoms that have been experienced by children whilst stopping treatment are abdominal pain, nervousness and mood changes.

WHAT ARE THE SIDE EFFECTS?

Check with your doctor as soon as possible if you think you are experiencing any side effects or allergic reactions due to taking Paroxetine GH, even if the problem is not listed below.

Like other medicines, Paroxetine GH can cause some side effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

MILD EFFECTS:

Tell your doctor if you notice any of the following that are troublesome or ongoing:

- bruising

- drowsiness, dizziness, difficulty in getting to sleep
- feeling sick, dry mouth, constipation, decreased appetite, nausea, diarrhoea
- vomiting
- feeling sweaty or shaky
- impaired sexual function
- weakness
- abnormal dreams (including nightmares)
- weight gain

MORE SERIOUS EFFECTS

Tell your doctor immediately if you notice any of the following:

- muscle spasms or twitches

Stop taking Paroxetine GH and contact your doctor or go to emergency department of your nearest hospital if any of the following happens:

- allergic reaction including swelling of the limbs, face, lips, mouth or throat which may cause difficulty in swallowing or breathing
- skin rash, which may blister, and looks like small targets (central dark spots surround by a paler area, with a dark ring around the edge) called erythema multiforme
- a widespread rash with blisters and peeling skin, particularly around the mouth, nose, eyes and genitals (Stevens-Johnson syndrome)
- a widespread rash with blisters and skin peeling on much of the body surface (toxic epidermal necrolysis)
- sudden onset of prolonged muscular spasm, affecting the eyes, head, neck and body
- sudden increase in body temperature, severe convulsions
- fast heartbeat, sweating, muscle spasm, racing thoughts, restlessness

Other rare events that have been reported with paroxetine include:

- blurred vision
- abnormal liver function
- low levels of sodium in the blood, especially in older people
- bleeding disorders, including nose bleeds and gastrointestinal bleeding which occurs very rarely
- hormone disturbances
- mood of excitement, over-activity and uninhibited behaviour
- confusion
- seizures
- rash caused by light
- itch rash, hives, swelling of the face, lips, mouth, tongue or throat
- Akathisia (restlessness or difficulty keeping still, caused by medicines to treat mental disorders)
- irresistible urge to move the legs (Restless Legs Syndrome)
- menstrual period disorder (including heavy periods, bleeding between periods and absence of periods.
- Severe allergic reactions

Unwanted Effects that may occur on stopping treatment:

Symptoms may include:

- dizziness
- sensory disturbances such as, pins and needles, burning sensations, electric shock like sensations
- sleep disturbance, including intense dreams
- agitation or anxiety
- feeling sick
- shaking or tremors
- confusion
- sweating
- headache
- diarrhoea.

These are likely to occur in the first few days of stopping treatment or very rarely if you miss a dose. However, they are more likely to occur if you stop taking Paroxetine GH too quickly. Therefore always consult your doctor before stopping your medicine. For the majority of patients, symptoms go away on their own within a few weeks. However, if you feel that the unwanted symptoms are too severe, see your doctor who will suggest how to manage stopping treatment more slowly.

Additional symptoms that have been experienced by children whilst stopping treatment are changing emotions (including thoughts of suicide, attempting suicide, mood changes and feeling tearful), abdominal pain and nervousness.

Tell your doctor immediately if you notice any of the following:

- **Wheezing, swelling of the lips/mouth, difficulty in breathing, hayfever, lumpy rash (hives) or fainting. These could be a symptom of an allergic reaction**

Although Paroxetine GH is not recommended for children under the age of 18 years, the most common unwanted effects in children under 18 are:

- decreased appetite
- tremor (uncontrollable trembling)
- sweating
- hyperactivity
- hostile/unfriendly behaviour
- agitation
- changing emotions including crying, changes in mood, trying to harm themselves, thoughts of suicide and attempting suicide.

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

HOW DO I STORE PAROXETINE GH?

Storage

Keep your medicine in the original container.

If you take it out of its original container it may not keep well.

Keep your medicine in a cool dry place where the temperature stays below 25°C.

Do not store Paroxetine GH or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it, such as in a locked cupboard.

Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

PRODUCT DESCRIPTION

What it looks like

Paroxetine GH 20mg - round white tablets with a score notch on one side and embossed with 'PX 20' on the other side.

Available in blisters packs of 30 tablets.

Ingredients

Active ingredient:

- Paroxetine GH 20mg - 20mg paroxetine (as hydrochloride).

Inactive ingredients:

- colloidal anhydrous silica

- crospovidone
- hypromellose
- mannitol
- microcrystalline cellulose
- purified talc
- sodium starch glycollate
- magnesium stearate
- titanium dioxide.

This medicine does not contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

Distributor

Generic Health Pty Ltd
Level 1, 1102 Toorak Road
Camberwell VIC 3124
Australia

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